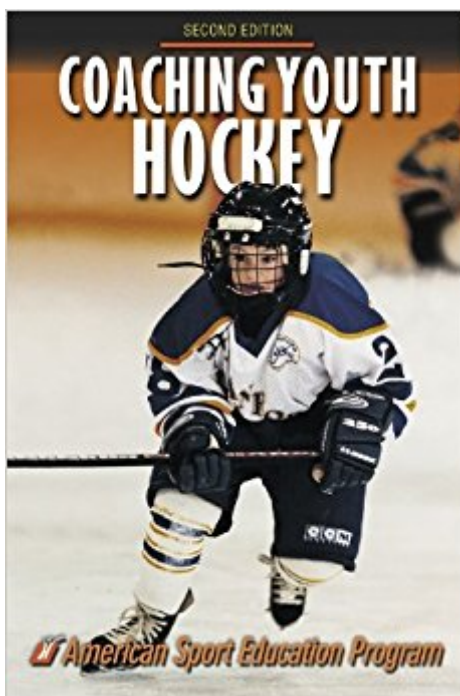


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# Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports)



## Synopsis

This new edition of Coaching Youth Hockey is part of the improved generation of the American Sport Education Program's (ASEP) Coaching Youth Sports series. This widely respected and highly popular series is the best collection of youth sport-specific guides, which are grounded in positive coaching principles. ASEP, the nation's number one coaching education program, developed Coaching Youth Hockey to provide coaches with both an explanation of their role and concrete instructions on how to fulfill that role. You will find chapters on communicating with your athletes and their parents, teaching and developing hockey skills, planning and conducting practices, and coaching during games. This second edition includes a special chapter on the games approach to coaching hockey, which makes practice more fun for the kids and teaching more effective for you, the coach.

## Book Information

Series: Coaching Youth Sports

Paperback: 208 pages

Publisher: Human Kinetics; 2 edition (September 5, 2001)

Language: English

ISBN-10: 0736037950

ISBN-13: 978-0736037952

Product Dimensions: 9.2 x 6.1 x 0.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,878,636 in Books (See Top 100 in Books) #46 in [Books > Sports & Outdoors > Individual Sports > Rollerskating & Rollerblading](#) #72 in [Books > Sports & Outdoors > Coaching > Hockey](#) #159 in [Books > Sports & Outdoors > Coaching > Children's Sports](#)

## Customer Reviews

"Coaching Youth Hockey is an essential addition to every grassroots coach's library. It is an excellent book that assists the volunteer coach in preparing for the season." Mark Tabrum Director of Coaching Education program USA Hockey

The American Sport Education Program (ASEP) is the most widely used and respected sport education program in the United States. More than 30 states now require ASEP courses for their

high school coaches, and more than 200 universities use ASEP courses and resources. Over one million people—coaches, parents, and directors alike—have used ASEP products since the program began in 1981. The ASEP headquarters is located in Champaign, Illinois.

MY HUSBAND STARTED COACHING OUR SONS HOCKEY TEAM. HE WAS NOT REAL FAMILIAR WITH HOCKEY SO THIS REALLY HELPED HIM OUT ALOT

I was taking a coaching class in college and used this book to supplement my class text books. Had some very good tips for new coaches and how to get the players involved. Introduced good concepts. Would recommend.

Excellent condition when received. This book offers detailed insight for those coaches that want to immerse themselves in the next level of coaching. Certainly not for the beginner coach.

This book offers a comprehensive set of introductory materials needed for the first time or experienced hockey coach. It is useful for either ice or roller hockey. I particularly appreciated the author's including the social, communication, and motivational aspects of coaching youth sports. Full of handy checklists and drills to emphasize the needed skills, this book provides a solid foundation for developing "your own" hockey teaching and coaching program. The drills and progressions are excellent. The book would be better with more technical emphasis on skating skills and techniques. But overall, I would recommend it for any coach or parent who is close to this fast-growing sport!

I needed to understand how to teach children under 10 the game of Hockey and start towards gaining a coaching award in this age group. This book gives me a greater understanding of what turns on a child's interest and how to maintain this interest.

Clearly not written by hockey people. I could give numerous examples like pg 40 "Get Your Players' Attention" "Make sure they aren't looking into the sun or at some distracting activity." Practice plans are a joke. No way someone could run a 50 min practice based on these practice plans.

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Hockey Workout: Complete Off-Season Hockey Workout: Hockey agility & speed drills, hockey plyometric workouts, hockey core exercises, hockey weight training and anaerobic training for

hockey players. Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) Coaching Youth Baseball - 4th Edition (Coaching Youth Sports) Coaching Youth Basketball - 4th Edition (Coaching Youth Sports Series) Coaching Youth Wrestling - 3rd Edition (Coaching Youth Sports Series) Coaching Youth Football - 5th Edition (Coaching Youth Sports) Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Survival Guide for Coaching Youth Softball (Survival Guide for Coaching Youth Sports) Coaching Youth Baseball, 4E (Coaching Youth Sports) Survival Guide for Coaching Youth Soccer (Survival Guide for Coaching Youth Sports Series) Coaching Youth Cheerleading (Coaching Youth Sports Series) Coaching Youth Gymnastics (Coaching Youth Sports) Hockey: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Hockey: Hockey Made Easy: Beginner and Expert Strategies for Becoming a Better Hockey Player Spalding's Athletic Library - The Games of Lawn Hockey, Tether Ball, Golf-Croquet, Hand Tennis, Volley Ball, Hand Polo, Wicket Polo, Laws of Badminton, Drawing Room Hockey, Garden Hockey Hockey: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Side-by-Side Hockey Stars: Comparing Pro Hockey's Greatest Players (Side-by-Side Sports) The Ice Hockey Psychology Workbook: How to Use Advanced Sports Psychology to Succeed on the Hockey Rink The Field Hockey Psychology Workbook: How to Use Advanced Sports Psychology to Succeed on the Hockey Field

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